

South Cumberland State Park Activities Schedule for September 2011

The park rangers of South Cumberland and expert volunteers provide a range of guided interpretive activities, hikes, backcountry skills training and a few special programs like rappelling and canoeing. There are also numerous programs just for kids (regardless of your age) and occasional work days for trail maintenance. For more information about these programs or the ones listed below, please call the park 931-924-2980. South Cumberland State Park is on Central time.

Sunday Sept. 4th, 7:30am Morning Meadow

Come see what summertime flowers are out along the meadow. Join park ranger and tick master Jason Reynolds on this easy 1.5 mile walk. Meet at the visitors center.

Sunday Sept. 4th, 3:00pm Savage Gulf/Stone Door Slideshow

Meet ranger George for informative slideshow on the Savage Gulf/Stone Door area. Meet at the Savage Gulf ranger station.

Sunday, Sept. 11th, 2:00pm Tree ID Book

Join the ranger at the Stone Door Ranger Station. We will be making tree ID books to use when looking at trees in the park or in your back yard.

Friday, Sept. 16th, 1:00pm Sport Climb Clinic

Are you ready to move from the world of top-roping to sport climbing? Meet ranger Jason at the Foster Falls parking lot for a beginner's course on this different style of rock climbing. Basic skills of climbing and rope work required. Due to limited equipment, call South Cumberland's Park Office to reserve your spot (931) 924-2980.

Saturday, Sept. 17th, 2:00pm Edible Plants

Meet at the Stone Door ranger station for a short hike, highlighting native plants that were used as foods.

Sunday, Sept. 18th, 2:00pm Pinecone Birdfeeders

Join the ranger at the Stone Door Ranger Station. We will be making feeders to take home and attract native songbirds to your backyard. Peanut butter will be used.

Friday, Sept. 23rd, 3:00pm First Fall Hike

Celebrate the first day of Autumn with hike to Skinny Point overlook. This 5 mile moderately difficult trail leaves from the Foster Falls parking area. We will discuss plants and critters and how they are preparing for the coming winter.

Saturday, Sept. 24th, 2:00pm Tree ID Book

Join the ranger at the Stone Door Ranger Station. We will be making tree ID books to use when looking at trees in the park or in your back yard.

Sunday, Sept. 25th, 2:00pm Soap Making

Join the ranger at the Stone Door Ranger Station. We will be showing and discussing a variety of techniques to make soap from household and camp materials.